



REDUCE STRESS AND PAIN THROUGH THE HEALING QUALITY OF TOUCH

My style of therapeutic bodywork, “Body Balancing Therapy™”, is a holistic program geared towards well-being and fitness by maintaining the body-mind-spirit philosophy. I achieve this through keen evaluation and using multi-disciplinary techniques to treat the origin of a particular condition. This style of therapy creates over-all comfort within one’s body by restoring, rehabilitating and re-educating the muscular conditions within the body. Not only is Body Balancing Therapy™ a form of preventive health care, it will promote structural alignment to relieve stress and trauma to the physical and emotional musculoskeletal system. Some causes of pain and discomfort by circumstances such as improper postural ergonomics, injury (past or present) and post-surgical conditions can be addressed and, in some cases, completely reversed. Sessions are customized for each client. Discomfort is not necessary!

Body Balancing Therapy™

Therapeutic bodywork using a combination of manual therapy modalities from

**Orthopedic • Medical
Sports Injury • Myotherapy**

Customized therapeutic sessions based on

**Functional Assessment • Manipulation
Structural Balance • Client Home Care
Personal Fitness Training**

Advanced multidisciplinary techniques well versed in human anatomy and the musculoskeletal system

**Myofascial Release • PNF stretching
Neuromuscular Re-education
Scar tissue mobilization
Craniosacral • Massage Therapy**

This style of touch healing therapy is a valuable tool for preventive health care, addressing corrective injury situations past or present.

Preventive – Rehabilitate – Restore

WELCOME TO THE PRO-HEALTH EXPERIENCE!

The Center for Corrective Myotherapy Puerto Morelos, Quintana Roo, Mexico

Offering services in US, Mexico, &
Lesvos Island, Greece

MAURO JARAMILLO
LMT, RMTI, CPT_r, OMPMC

**Specializing in Preventive & Corrective
Injury Bodywork Therapy**

- United States Licensed Practitioner and Instructor
- Certified in Orthopedic and Sports Injury Therapeutic Massage and Pain Management
- Certified Personal Trainer by The Cooper Institute
- Michigan State University Medical Mission, Mexico
- Angel Notion Alternative Clinic, Playa del Carmen, Mexico

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